

About the Phase III PARADIGMS study

Media Fact Sheet

Background

- Approximately 2.3 million people worldwide are affected by multiple sclerosis (MS), of which **3-5% are estimated to be children** (pediatric onset MS).^{1,2}
- Pediatric onset MS is the appearance of MS symptoms in young people **aged up to 18 years old**.³
- MS in children and adolescents is associated with **more frequent relapses than adults with MS**⁴, resulting in **physical and cognitive (e.g. memory) disabilities** which severely limit patients' ability to go about daily activities, like going to school.⁵

In May 2018 the US Food and Drug Administration (FDA) approved Gilenya® (fingolimod) for the treatment of children and adolescents, ages 10 to less than 18, with relapsing forms of MS (RMS).⁶ This approval makes Gilenya **the first disease-modifying therapy (DMT) indicated for these patients in the US**.

The approval was based on data from the Phase III PARADIGMS study of **Gilenya in children and adolescents with MS**. PARADIGMS was the **first ever controlled, randomized trial specifically designed for children and adolescents with relapsing forms of MS**.^{7,8}

Gilenya has been approved in the US for the first-line treatment of adults with RMS since 2010.⁶

PARADIGMS study design

- The **PARADIGMS study (NCT01892722)** was initiated in 2013 and enrolled 215 patients at **80 centers in 25 countries**.⁹
- PARADIGMS was designed in partnership with the **US FDA**, the **European Medicines Agency** and the **International Pediatric Multiple Sclerosis Study Group**.

PARADIGMS study design: key information⁹

Aim:	Evaluate the safety and efficacy of daily oral Gilenya versus weekly interferon beta-1a intramuscular injections in children and adolescents with MS
Design:	Flexible duration (up to two years), double-blind, randomized, multi-center study, followed by a five-year open label extension phase
Enrollment:	Two hundred and fifteen children and adolescents with MS, ages 10 to less than 18. Patients had an Expanded Disability Status Scale (EDSS) score between 0 and 5.5
Randomization:	Oral Gilenya once daily (0.5 mg, or 0.25 mg for patients with a body weight ≤ 40 kg) versus once weekly intramuscular interferon beta-1a (30 μ g)
Primary endpoint:	Frequency of relapses (annualized relapse rate) over the course of active treatment, up to two years
Key Secondary endpoint:	<ul style="list-style-type: none">• Number of new or newly enlarged T2 lesions and gadolinium (Gd)-enhancing T1 lesions in the brain, per year (annualized rate)
Other secondary endpoints	<ul style="list-style-type: none">• Time to first confirmed relapse• The percentage of patients free of relapse up to 24 months

- The volume of Gd-enhancing T1 lesions and percentage of patients free of these lesions up to 24 months
- Percentage change in brain volume from baseline (pre-specified exploratory endpoint)
- Safety and side-effect profile of Gilenya and interferon beta-1a in all the patients who received treatment for up to 24 months

PARADIGMS results

- Full results from the Phase III PARADIGMS study **showed the study met its primary and secondary endpoints**, showing that Gilenya treatment resulted in:
 - **An 82% relative reduction in the rate of relapses** (annualized relapse rate) over a period of up to two years versus interferon beta-1a ($p < 0.001$)
 - **A delay in the time to first relapse**; an estimated 85.7% of patients treated with Gilenya were relapse-free at 24 months, versus 38.8% of patients treated with interferon beta-1a^{7,8}
 - **A significant relative reduction in the number of new or newly enlarging T2 and Gd-enhancing T1 lesions in the brain** versus interferon beta-1a, as measured by magnetic resonance imaging (MRI). Compared to patients receiving interferon beta-1a, T2 lesions were reduced by 53% ($p < 0.001$) and Gd+ lesions by 66% ($p < 0.001$) with Gilenya.⁸ The number and volume of lesions are associated with increased relapses and disability progression.⁷
 - Individuals treated with Gilenya had **significantly less brain shrinkage**, measured by MRI as brain volume loss (40% reduction in annualized rate of brain volume loss), compared to those treated with interferon beta-1a.⁷ Brain shrinkage in adults is associated with the loss of physical and cognitive function.¹⁰
 - The **safety profile** of Gilenya was overall **consistent in this study with that seen in previous clinical trials**.⁷

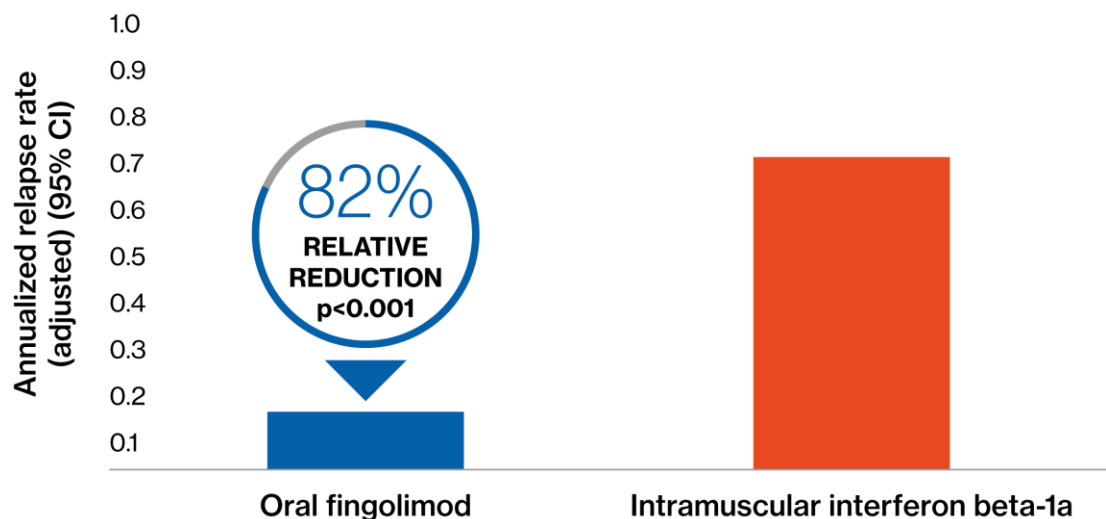


Figure 1: PARADIGMS study results (primary endpoint data)

About Gilenya® (fingolimod)

- Gilenya is approved in the US for the first-line treatment of relapsing forms of MS in adults, and in children and adolescents ages 10 to less than 18 years of age.¹¹
- In the EU, Gilenya is approved for adult patients with highly-active relapsing-remitting MS (RRMS) defined as either high disease activity despite treatment with at least one DMT, or rapidly-evolving severe RRMS.^{11,12}
- Gilenya is currently under review with the European Medicines Agency as a treatment for children and adolescents with MS.

References

1. Patel Y et al. Pediatric multiple sclerosis. *Ann Indian Acad Neurol.* 2009;12(4):238-245.
2. Multiple sclerosis international federation. Atlas of MS 2013. <https://www.msif.org/wp-content/uploads/2014/09/Atlas-of-MS.pdf>. Accessed September 2018.
3. Multiple Sclerosis Trust. Childhood MS. <https://www.mstrust.org.uk/a-z/childhood-ms>. Accessed September 2018.
4. Waldman A et al. Pediatric multiple sclerosis. *Neurology.* 2016;87(9):S74-S81.
5. MS Society. MS in children. <https://www.mssociety.org.uk/what-is-ms/types-of-ms/ms-in-children#MS%20and%20school>. Accessed September 2018.
6. Gilenya® (fingolimod) Full Prescribing Information. East Hanover, New Jersey, USA: Novartis Pharmaceuticals Corporation; Accessed September 2018.
7. Chitnis T et al. PARADIGMS: A Randomised Double-blind Study of Fingolimod Versus Interferon β -1a in Paediatric Multiple Sclerosis. Late breaking news oral presentation presented at: the 7th JointECTRIMS-ACTRIMS meeting on October 28, 2017, Paris, France.
8. Chitnis T et al. Trial of Fingolimod versus Interferon Beta-1a in Pediatric Multiple Sclerosis. *NEJM.* 2018; 379(11): 1017-1027.
9. Clinical Trials. Safety and efficacy of fingolimod in pediatric patients with multiple sclerosis. <https://clinicaltrials.gov/ct2/show/NCT01892722>. Accessed September 2018.
10. Popescu Vet al; on behalf of the MAGNIMS Study Group. Brain atrophy and lesion load predict long term disability in multiple sclerosis. *J Neurol Neurosurg Psychiatry.* 2013;84:1082-1091.
11. Gilenya US Prescribing Information. <https://www.pharma.us.novartis.com/sites/www.pharma.us.novartis.com/files/gilenya.pdf>. Accessed September 2018.
12. Gilenya EMA Summary of Product Characteristics. http://www.ema.europa.eu/docs/en_GB/document_library/EPAR_-_Product_Information/human/002202/WC500104528.pdf. Accessed September 2018.