

# ADVANCED BREAST CANCER (ABC): BEFORE MENOPAUSE

Premenopausal breast cancer is a different and more aggressive disease than postmenopausal breast cancer and is the leading cause of cancer death in women **20–59 years old**.<sup>1,2</sup>



**~1 in 7 women** with ABC is age 50 or younger<sup>3</sup>

## WHAT DOES IT MEAN TO BE PREMENOPAUSAL?

**<50**

Typically younger than 50 years old

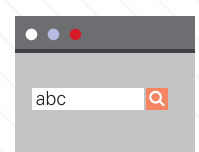


Having regular periods



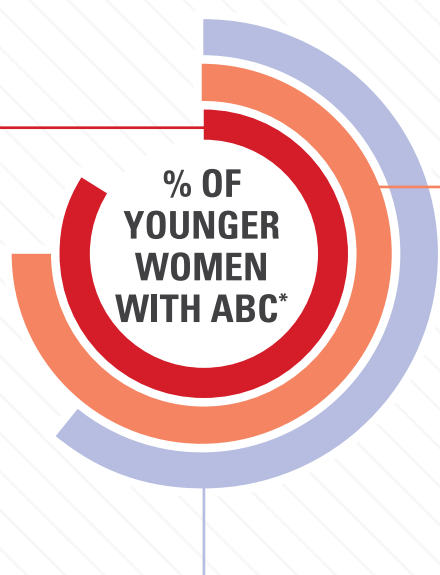
Experiencing no symptoms of menopause, such as hot flashes or fatigue

## UNIQUE CHALLENGES FOR YOUNGER WOMEN



**84%**

actively seek out information about their disease on their own. This may be due to feeling overwhelmed by the diagnosis and struggling to accept their prognosis<sup>4</sup>



**75%**

have suffered a personal loss of income due to their diagnosis' interference to work<sup>4</sup>



**61%**

have experienced a negative impact on their attitude, which is likely due to concerns about body image and the possibility of early menopause and sexual dysfunction brought on by treatment<sup>4</sup>



Many young women are raising small children while on treatment and may have subsequent side effects or concerns about whether pregnancy is safe or even possible

**MAKE YOUR DIALOGUE COUNT**

For resources on living with metastatic breast cancer, please visit: <https://makeyourdialoguecount.com/>

\* "Younger women" refers to women under 50 years old.

### References

1. Benz CC. Impact of aging on the biology of breast cancer. *Crit Rev Oncol Hematol*. 2008;66:65–74.
2. World Health Organization. Women's health fact sheet. September 2013. Available at <http://www.who.int/mediacentre/factsheets/fs334/en/>. Accessed October 2017.
3. Mariotto AB, Etzioni R, Hurlbert M et al. Estimation of the number of women living with metastatic breast cancer in the United States. *Cancer Epidemiol Prev*. 2017;27(6):809-815.
4. Count Us, Know Us, Join Us Advanced Breast Cancer Survey, Age Breakdowns, Harris Interactive, sponsored by Novartis Oncology (2013).

