## What is severe allergic asthma?



Asthma is a serious and chronic lung disease.<sup>1</sup>
Allergic asthma is the most common form of asthma, accounting for at least 60% of asthma cases in adults.<sup>23</sup>



Asthma affects an estimated

235 million<sup>1</sup>

PEOPLE WORLDWIDE

and affects people of all ages but mostly starts during childhood <sup>4</sup>



have allergic asthma <sup>5</sup>

Asthma patients have a reduced quality of life.6

**85%** of patients have physical activity limitation <sup>6</sup> 73% of patients experience a loss in productivity at work <sup>6</sup>

Higher levels of **anxiety** 7

Symptoms include:







Difficulty Breathing 4

Coughing 4

Wheezing

Allergic asthma can be triggered by:









**/:** Dust <sup>\*</sup>

Pet Dander<sup>8</sup>

Mold<sup>8</sup>

Pollen<sup>5</sup>

# What is Chronic Spontaneous Urticaria?



Chronic spontaneous urticaria (CSU) is defined as the appearance of hives and/or angioedema without an identifiable trigger for more than 6 weeks. 9



Chronic urticaria (CU) affects up to world's population at an given time

CSU accounts for at least two-thirds of cases, with a **female: male** ratio of almost **2:1** 9 The peak incidence of CSU is seen in people of working age (20–40 years), but all age groups can be affected 9

#### **Symptoms**

Occur spontaneously, chronic (lasting for at least 6 weeks) 10







**U** NOVARTIS

### CSU has a duration of at least 1 year in most patients and up to 50 years in some rare cases 9





Up to 50% of CSU patients have an inadequate response to H1-antihistamines at licensed doses 9

### An international real-world study showed CU can result in high rates of hospital visits 11



1 in 5
patients required
emergency admission<sup>11</sup>



1 in 3
patients required
hospital admission

CU can lead to:

Sleep difficulties 12

Anxiety 12

Depression 12

## What is Xolair®?



Xolair® (omalizumab) is the only approved biologic designed to target and block immunoglobulin E (IgE). Xolair works by reducing free IgE, down-regulating high-affinity IgE receptors and limiting mast cell degranulation. <sup>13</sup>

#### The option of self-administration of Xolair could mean:



**Less time** travelling to/from clinic <sup>14</sup>



Less money spent travelling to/from clinic<sup>14</sup>



Avoiding hospitalrelated **infectious exposure risks** <sup>15</sup>



Less time away from work or school 14

#### **References:**

- 1. World Health Organization. Asthma. Available at: http://www.who.int/respiratory/asthma/en/. Accessed Dec 2018
- 2. American Academy of Allergy, Asthma & Immunology (AAAAI). Allergic Asthma Definition. Available at: http://www.aaaai.org/conditions-and-treatments/conditions-a-to-z-search/allergic-asthma.aspx. Accessed Dec 2018
- 3. Arbes S. et al. Asthma cases attributable to atopy: Results from the Third National Health and Nutrition Examination Survey. J Allergy Clin Immunol 2007;120:1139-45.
- 4. National Heart, Lung and Blood Institute. Available at: https://www.nhlbi.nih.gov/health-topics/asthma. Accessed: Dec 2018
- 5. Xolair.com. Allergic asthma treatment guide. Available at: https://www.xolair.com/content/dam/gene/xolair/PDFs/xolair-allergic-asthma-treatment-guide-agraciivers pdf. Accessed, Doc 2018
- 6. VM McDonald et al. Med J Australia 2018;209: S28-S33. Online publication available at: https://www.mja.com.au/journal/2018/209/2/health-related-quality-life-burden-severe-asthma
- 7. Cunha AGJ et al. J Asthm 2018;4:1-6 Abstract available at: https://www.tandfonline.com/doi/abs/10.1080/02770903.2018.1486854?journalCode=ijas20. Accessed: Dec 2018
- 8. Asthma UK. Asthma triggers. Available at: https://www.asthma.org.uk/advice/triggers/. Accessed Dec 2018
- 9. Maurer M, Weller K, Bindslev-Jensen C, et al. Allergy. 2011; 66: 317-330.
- 10. Novartis UK. The burden of chronic spontaneous urticaria (CSU). Available at: https://www.novartis.co.uk/sites/stg.novartis.co.uk/files/csu-infographic-2014.pdf Accessed: Dec 2018
- 11. Maurer M, et al. Healthcare resource utilization due to chronic urticaria in Europe, South America, and Central America: findings from visit 1 of the worldwide AWARE study. Poster presented at the EAACI Annual Meeting, June 17-21, 2017; Helsinki, Finland
- 12. Balp MM, et al. J Eur Acad Dermatol Venereol. 2018;32(2):282-290.
- 13. Xolair® Summary of Product Characteristics. Novartis Europharm Limited. Available at: Accessed Dec 2018
- 14. Ghazanfer M and Thomsen S. J Dermatolog Treat 2018; 29(2):196.
- 15. NICE Guidance. Infection prevention and control. Available at: https://www.nice.org.uk/guidance/qs61/chapter/introduction. Accessed: Dec 2018

