

# Systemic Mastocytosis Fact Sheet

## What is Systemic Mastocytosis?

- Systemic mastocytosis (SM) is a group of rare diseases in which uncontrolled growth and accumulation of mast cells (a type of white blood cell) occurs in one or more organs<sup>1</sup>
- In patients with SM, mast cells can accumulate in multiple organ systems, including the skin, GI tract, spleen, lymph nodes and bone marrow<sup>2</sup>
  - » SM can be characterized into indolent (ISM) and advanced forms. ISM is the benign form of SM and is generally associated with a good prognosis, while advanced SM can be fatal within a few years<sup>1</sup>
  - » The mast cells release substances such as histamine, which can lead to symptoms including itching, fever, abdominal pain, nausea and vomiting<sup>2</sup>

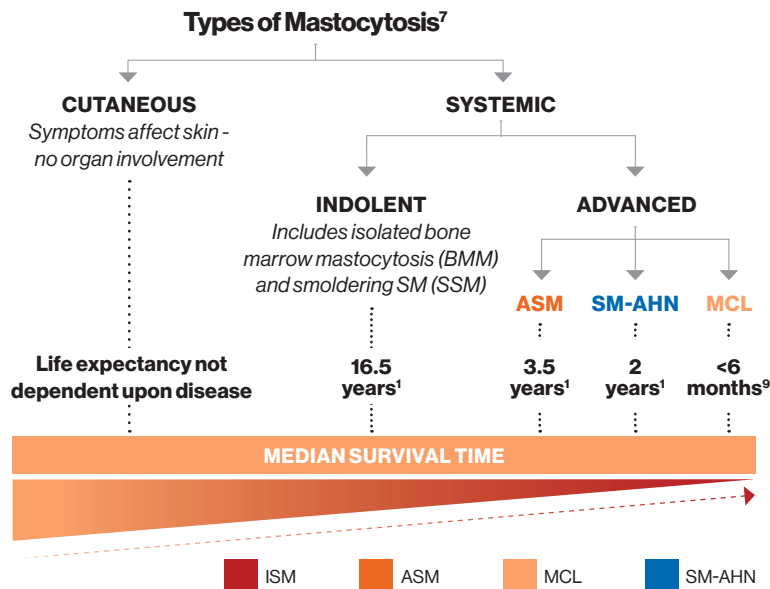
## A Closer Look at Advanced SM

- In advanced SM, mast cells accumulate in such high quantities that they lead to organ damage and dysfunction, bone fractures and anemia.<sup>3</sup> Subtypes of advanced SM include aggressive systemic mastocytosis (ASM), mast cell leukemia (MCL) and SM with an associated hematologic neoplasm (SM-AHN)<sup>2</sup>
- Treatment is tailored towards each individual patient and their disease<sup>4</sup>
- The major goal of treatment is to control mast cell growth and expansion<sup>4</sup>

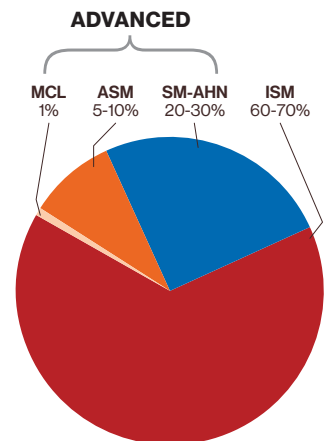
SM affects between  
**1 in 20,000**  
and  
**1 in 40,000**  
people **worldwide**<sup>5</sup>

The uncontrolled proliferation of mast cells is caused in many people by a KIT mutation.<sup>6</sup>

**D816V is the most common** mutation in SM, occurring in **~90%** of SM patients<sup>6</sup>



## Percentage of SM Cases by Subtype<sup>8</sup>



### References:

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