

The **Clear about Psoriasis** survey is the largest global survey to date of people with moderate-to-severe psoriasis. It includes 8,338 participants across 31 countries and was supported by 25 patient groups from around the world.¹

Humiliation and Discrimination



84% of people with psoriasis suffer discrimination or humiliation

45% have been asked if they are contagious



34% have been stared at in a swimming pool



16% of people with psoriasis have been refused service in a beauticians, hairdressers, barbers or shop

Treatment goals and expectations



On average, people see three different medical professionals and try four different treatments before getting a treatment that works



Only **45%** of people with psoriasis feel clear or almost clear skin is an achievable goal



28% took more than five years to get a treatment that gave them clear or almost clear skin

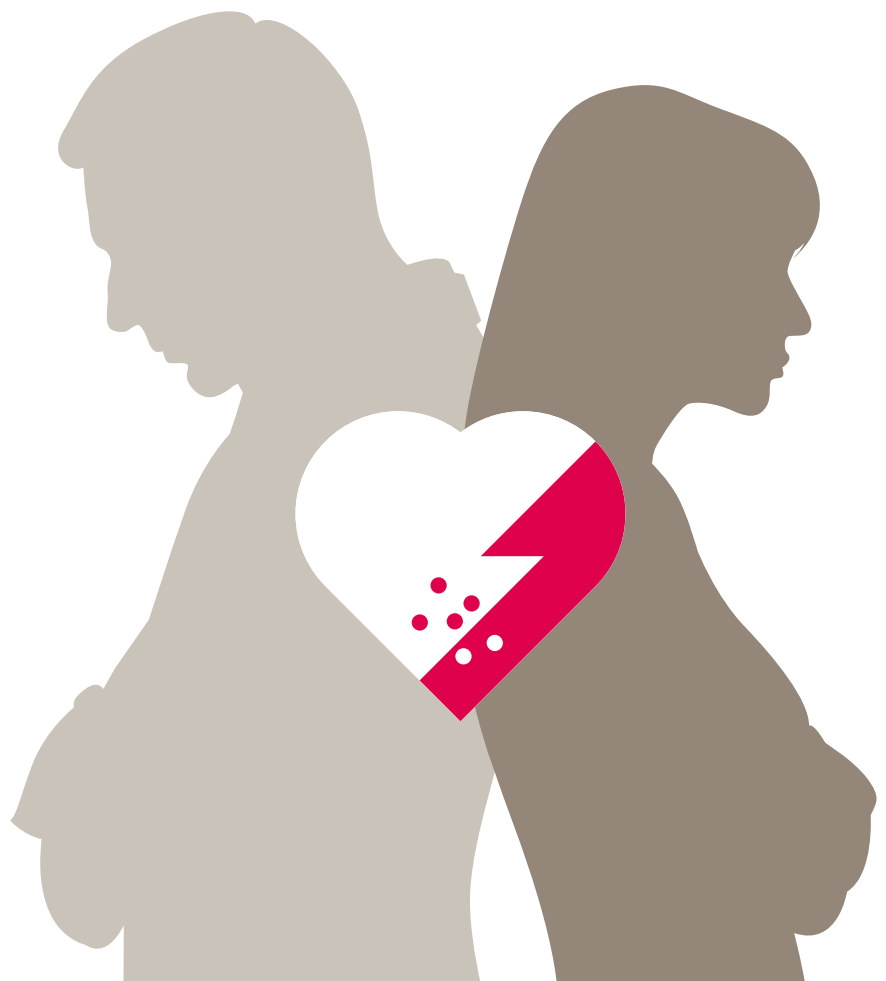


23% of people with psoriasis are still managed by their GP instead of a dermatology specialist

Relationships

43% of the total sample feels psoriasis has affected their relationships and of these...

15% have had a partner end a relationship with them because of their psoriasis



33% feel inadequate as a spouse or partner

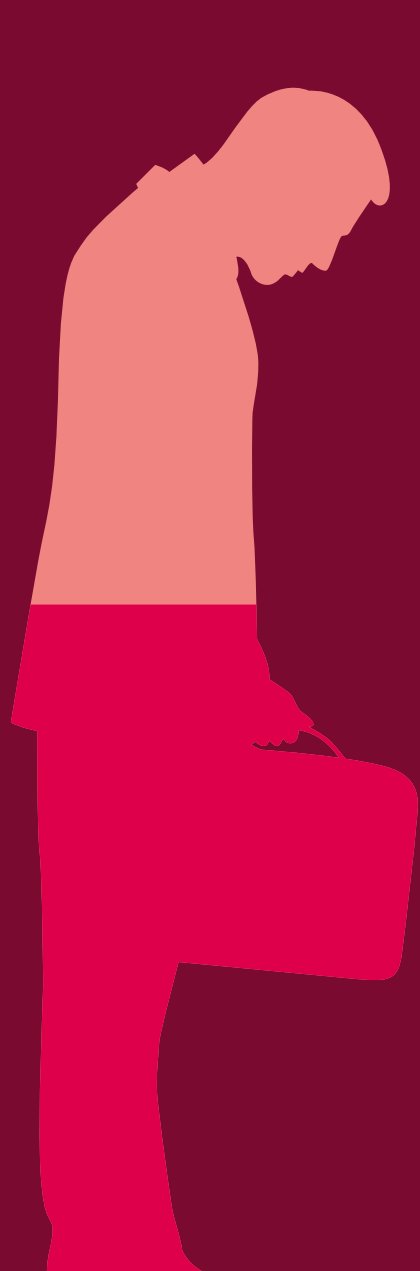


50% avoid having sex or intimate relationships



27% cannot bear the thought of someone touching their skin

Working lives blighted by psoriasis



54% of the total sample feels psoriasis has affected their work life and of these...



18% worry they will lose their job



14% are given tasks which limit their interaction with others



23% are made fun of by people in their working environments

38%

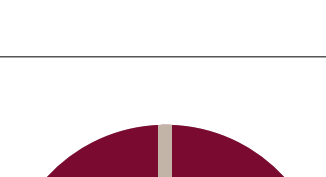
do not feel fully productive because they itch so much

Mental Health

38% of people with psoriasis have been diagnosed with a psychological condition as a result of their psoriasis



25% have been diagnosed with anxiety and 24% with depression



16% hide themselves away from the world

Skin to live in

#Ask4Clear
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