

FMMF

Familial Mediterranean Fever (FMF), so named because it occurs most often in people of Sephardic Jewish, Armenian, Turkish, or Arabic ancestry,¹ can produce debilitating attacks of fever, severe pain, and localized inflammation.²

FMF

Patients and their caregivers face a range of physical, social, emotional and practical/financial challenges³

65%

of patients have their first attack before age 10⁴

PHYSICAL DISTRESS

“I had many periods of despair, it reflected in a lot in dismissal and absenteeism from work.”

– 24-year-old patient³

“You don't want to do anything apart from lie down in bed and that affects every aspect of your life.”

– 60-year-old patient³

75%

of patients experience abdominal pain though fever and joint pain is predominant in all^{3,5}

DIAGNOSTIC DELAY

Diagnosis has been shown to take as long as **44 years** from appearance of initial symptoms or as little as **4 months**³

Average delay:



For about half of the patients, correct diagnosis was not obtained until about **5 years** from appearance of initial symptoms³

Shorter times to diagnosis were observed for those with a family history of **FMF**⁵

Misdiagnosis is common: in a survey of 14 patients, 5 were misdiagnosed with **appendicitis**, 3 of whom underwent surgery⁵

EMOTIONAL / PRACTICAL BURDEN

- Absences from work and school adversely affect a child's schoolwork and an adult's productivity³
- Both adults and children report missing important social gatherings because of attacks³

- Parents may feel guilty that they have passed the **FMF** gene down to their children³



- Caregivers report being constantly consumed with speaking to doctors, researching info about the disease, and monitoring for attacks⁵