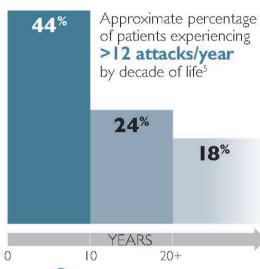
Mevalonate kinase deficiency (MKD), also known as hyperimmunoglobulin D syndrome (HIDS), is an inherited disorder caused by a mutation of the mevalonate kinase gene.¹

MKD/HIDS

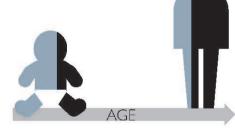
- Marked by recurrent fever and inflammatory symptoms (eg, swollen glands or arthritis)^{1,2}
- Symptoms are typically most severe in childhood, but still continue in adulthood³
- ~104 cases registered in 2011; >90% from Western Europe⁴

PHYSICAL DISTRESS



Predominant symptoms shift from fever to joint pain with increasing age⁶

More Fever
More Joint pain



SOCIAL IMPACT



- Children may miss social activities, and may not be able to participate in sports³
- can't go...I was supposed to go....to
 Spain; couldn't go...because I'd been
 ill the week before and had no energy
 to go. 32

 -34-year-old patient3



 Adults rely more on family and others, creating social/ emotional strain³



EMOTIONAL BURDEN

- Sadness at all ages about feeling ill and missing activities³
- Varying levels of understanding and sympathy from family, friends, and co-workers³

DIAGNOSTIC DELAY

Average delay from symptom onset to correct diagnosis



PRACTICAL TOLL

Approximately



Caregivers of a child with **MKD/HIDS** may need to change jobs in order to care for them³

• Nearly
35%
of patients
reported that their
disease contributed
to discharge from
their jobs⁵

They were only a small company...they were understanding at first, but when I had a bad couple of months they got annoyed. HIDS was a factor in me losing my apprenticeship.

-23-year-old patient³



1. van der Hilst JC, et al. Curr Rheumatol Rep. 2010;12:101-7. 2. Simon A, et al. Clin Pharmacol Ther. 2004;75(5):476-83. 3. Dandekar P, et al. Poster 24. ISSAID 2015 (30 September–03 October), Dresden, Germany. 4. Toplak N, et al. Ann Rheum Dis. 2012;71:1177-82. 5. van der Hilst JC, et al. Medicine (Baltimore). 2008;87:301-10. 6. Novartis data on file, 2015 7. Berody S, et al. Joint Bone Spine. 2015;82:240-4.